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NOVEMBER 2011

Q MAGAZINE

featuring
INTERPRIDE



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q comment: **JADE LEONARD**

Jade Leonard has released her long awaited EP - C4\$H1N8 and Q Magazine was fortunate enough to be sent one to review.

From the very first track - 8008135 (yes, Boobies) Jade takes a super sharp left hand turn musically to bring you a dance floor homage to the female form. Track 2 (5*) is another dance floor hot with a cheeky reference to every celesbian Jade could think of, pondering if any of them are girls-only-girls (as she is).

Be My girl - Track 3 re-visits familiar paths with an acoustic track recorded entirely in one single take at Sing Sing studios in Melbourne.

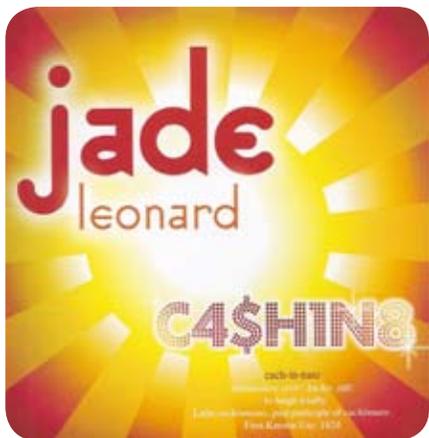
The final track (Mash It Up) shows a tougher edge to Jade's typically lyrical vocal stylings and again all recorded in one single take.

Jade Leonard is truly one of the most talented young ladies I have had the pleasure of listening to.

She is also always willing to lend her support for Pride March Victoria and will in fact be performing at the Pride March Street Fair on the 11th of December.

You can find the EP at jadeleonard.com or view her music videos at youtube.com/jadeleonardmusic

It really is worth a listen!



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Brett Hayhoe t/a Q Magazine
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q feature: INTERPRIDE

InterPride is the international association for organizations that produce Pride events around the world. We represent anybody and everybody who attends a Pride parade or festival anywhere! We have hundreds of member organizations from all over the world. Our reach is truly global!

Our member organizations are dedicated to producing Pride events including parades, marches, rallies, festivals, arts festivals and cultural activities organized for people identifying as Lesbian, Gay, Bisexual, Transgender, Queer, Intersex (LGBTI) and/or other emerging sexual identities. For further information go to www.interpride.org

In October this year I was fortunate enough to attend the AGM and World Conference of InterPride in Brussels, Belgium. The host venue was the Crowne Plaza (pictured to the right). This was my fifth AGM and World Conference, having started my attendance in Zurich, Switzerland then following on to Vancouver, Canada, St. Petersburg, Florida, and Long Beach, California. Although the work is extremely rewarding, the travel is quite tiring at times. I guess that's a small cross to bare. My attendance is made possible through the membership of Pride March Victoria (www.pridemarch.com.au).

In excess of 42 prides attended that through their own events reach out to 10 330 400 million people. This is truly significant. As an International organisation InterPride only meets face to face twice a year: in April for the Mid-Year and October for the AGM and World Conference. The latter is generally held in a different place each year with organisations bidding to hold the event.

In between these times the board and various committees and sub-committees meet via the internet.

In 2012 Boston will be the host while Montreal won the bid to host the 2013 event (the bidding for this was voted on at this year's AGM and World Conference).

The AGM and World Conference is split into two very specific areas of interest: the business side of running an Annual General Meeting for the organisation (board and committee meetings) and the conference featuring a non-stop series of educational streams.

Just like any gathering of this size there is also a strong social aspect - meeting up with colleagues from across the world, learning new ways to do what we do, finding out the successes and failures of other Prides (and learning from them) and networking with new people...all of whom have a common love of holding Pride events.

Board position elections also play a part in each AGM and World Conference. Nominees are called at the beginning Plenary and by the end of the conference a new board is in place. Each executive may hold any one Board position for no more than two consecutive two year terms (with an election in the middle of that time). Member organisations then elect Regional Directors who can serve no longer than six years consecutively. For information about the executive and regional directors, please refer to the InterPride website (listed above).

Membership is a high priority for InterPride and we value each member equally. If you hold a Pride event and aren't currently a member of InterPride you can find out all the information you require on the website too. You can also contact me at any time for information about our region (20) and how membership not only benefits your event but the whole region as well.

As this year was quite a long way to travel (getting to Brussels via Singapore then a stop-over at Heathrow Airport in London) I decided to extend my time overseas and make my back to Australia via several places in Europe (Antwerp, Amsterdam, Paris) then to London and Hong Kong (pictures on next page). The trip turned out to be a perfect way of catching up with those friends and colleagues whom I have come to know over the years and to visit many Pride offices throughout that part of the world. It also met with Pride London and found out more specific information about WorldPride 2012 - of which I am ambassador for Australia & NZ.





Singapore



Ghent



The Gay district of Brussels



Paris



Paris



Antwerpen



London



Amsterdam



Hong Kong

q lifestyle: with PETE DILLON

I have often wondered, as I start preparing for Christmas (about in August these days) about why we eat what we eat during the festive season. Most of the celebratory food we eat at Christmas is geared to Northern Hemisphere seasons...and it had me to thinking (yes, the clanging noise you heard!). Why do we eat these things at yuletide?



TURKEY

Meat has always featured at the centre of traditional Christmas feasts, although it is has not always been in the form of turkey. The act of serving a large roasted joint of meat at Christmas is believed to originate from ancient sacrificial rites to appease the gods and hopefully ensure a sufficient harvest in the following year. Popular meats used for early celebratory purposes were beef, mutton, pork, peacocks and swans. King James I (son of Mary, Queen of Scots), who ruled from 1567 – 1625, can be thanked for the emergence of turkey as he introduced it during the seventeenth century for the important reason that it was far kinder to his delicate digestive system! Of course not everyone could afford it, and the poor had to make do with goose. In modern times, goose would be considered the luxury bird, along with pheasant, duck and guinea fowl.

MINCE PIES

Mince pies, or Christmas pies as they were often known, have existed for centuries, although their shape and content have changed dramatically through the ages. In their original form mince pies were much larger, crib-shaped to represent the manger and packed full of meat, spices and fruit. Unfortunately, the mince pie tradition hasn't always been upheld as during his time in the mid-seventeenth century Cromwell decided they were far too indulgent and banned them. Eventually mince pies came back into existence after the Restoration. The sweet, rich and fruity pies that we are now accustomed to developed early in the twentieth century when the meat content was removed for good.

CHRISTMAS PUDDING

Christmas pudding or plum duff as it was called in our household, is believed to originate from the medieval period when plum pottage was served during festivities. Plum pottage was a meat broth that had breadcrumbs and dried fruit added for thickening purposes, and was seasoned with wine and spices. This form of broth developed into a thicker pudding during the seventeenth century when pudding cloths were invented; the meat content was later removed and it became more as we know it today. The pudding became specifically associated with Christmas, rather than merely any festive occasions, when it was introduced to the Royal Christmas dinner table by Prince Albert.

CHRISTMAS CAKE

Christmas cake as we know it now - a rich fruit cake with marzipan and icing - was introduced as a custom by the Victorians. Prior to that period, cake was eaten during Christmas, but without the toppings. The idea of using marzipan is thought to be linked to the Tudor Marchpane an iced and decorated cake of marzipan that acted as the table centrepiece during banquets and festive occasions.

Most Christmas food is based on medieval traditions and is not really relevant to what we eat. But food for the festive season should be considered indulgent. The best options for a warm, summer Christmas lunch should be something like as follows:

A whole baked fish, on the bbq or in the oven; Prawns, oysters, mussels, crabs and crays; Cold chicken, glazed ham, duck, guinea fowl and other game birds; Lots of fresh salads; A cold ice cream pudding.

Seafood must be sustainable, and of you are not sure, check here <http://thinkfeast.wordpress.com/> to make sure what you are buying is not over fished.

As for wine, good quality Aussie sparkling is a good starter with crisp fresh white wines – try a vermentino or a Margaret River Riesling, and some chilled boutique beer from small batch producers. Drinking should always be done in moderation of course!

Have a terrific Christmas feast, with family, friends or loved ones. I look forward to another year ahead in 2012 with Q Magazine.

For further information about any of the details above, feel free to contact me on 0409142365, tune in to Cravings on Joy 94.9 each Saturday from 1-2pm or email questions to lifestyle@qmagazine.com.au

q money: with EVAN DAVIS

Financially speaking this year looks like it will end on an interesting note. In November the reserve bank of Australia has dropped the cash rate by 25 basis points. This is the first movement in either direction in a year and it is anyone's guess as to whether they'll drop again before Christmas.

Obviously rates drops are great for consumers. They lower the cost of borrowing and also encourage competition between the banks. The banks are all pricing very aggressively at the moment with historically large discounts being offered on their loans.

CBA, ANZ, Westpac and NAB are fighting hard for new clients and greater market share are pricing as much as a 1% discount off their standard variable rates. Also the majors are offering quite tempting fixed rates as well. Many of these fixed rates are in 5.9% - 6.3% for one, two or three years. These can save you money though you will need to know what you are signing up for.

A variable rate loan means your repayment will fluctuate with movements in interest rates.

When rates drop, as they have recently, your repayment will go down. But if rates climb, then so will your repayment. This can be a blessing and a curse. You will get the benefit of a lower rate, though in tighter times you will watch your repayment increase and your beer budget decrease. Variable loans generally have more features than fixed loans. Unlimited additional repayments and redraw are more available with variable loans.

Additional repayments made will often clear your loan faster and save you interest. If you have a redraw feature on your loan, you can tap the extra equity that you have built. Variable loans sometimes have the added flexibility of 100% offset accounts, salary crediting and in some instances the ability to capitalize interest.

Fixed rate loans have their benefits, though these often come with a reduction in flexibility. Lenders will allow a borrower to fix their loan for a set period of time (generally one to five years, but sometimes longer) with a guaranteed rate.

When fixed, your repayment will not rise or drop with interest rate movements. This can save you money if rates shoot up. However, it is not always easy to call. Should you fix and the rate drops, you could be paying more for your loan than everyone else. You could also be up for penalty fees and interest if you want to switch to a variable loan.

Fixed rate loans can be inflexible in other ways too. They will either limit your additional repayments and redraws or stop you from making them all together. The core benefit you will get from fixing is the certainty of knowing what your repayment will be every month.

Fixed and variable contracts suit different people for different reasons. Sometime it is good to combine the two. By keeping some of your borrowings variable you preserve flexibility while the fixed component offers an anchor.



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q products: **GAYDAR GUN**

Just point and shoot the novelty toy to “detect” your target’s percentage of gayness from 0% to 100%

Los Angeles, CA, October 2011.... How is your Gaydar? Do you feel it's off? Are you confused wondering if that hot guy/gal you like is gay or straight? Well... find out with the The Gaydar Gun! Just point, shoot and you'll get your answer every time! The Gaydar Gun has over 650 outrageous sayings for men and woman! The Gaydar Gun can't guarantee romance or even accuracy, but it sure is rainbowlicious, and filled with hours of laughter!



The Gaydar Gun is an equal opportunity offender. It effectively pokes a funny stick at everyone regardless of their sexuality. Just try it if you dare! The Gaydar Gun is in no way a real gun or an actual gay detection device and the Gaydar Gun Company does not intend it as such. It is purely for entertainment purposes...and it's a clock too!!!

For more information, please visit www.gaydargun.com.

The Gaydar Gun tells it all via 650 “Oracles of Truth” that has fun with everyone, no matter where they fall on the “Homo-meter” scale. With both male and female settings, the Gaydar Gun is guaranteed to provide hours of fun. No matter whether you're “so straight you don't sit down to poop” or “so gay that your wrists need crutches” or your “saloon door swings both ways,” you'll find the Gaydar Gun comes in handy.

So it's OK. Go ahead, take aim and give it your best shot! If you've ever been confused about the sexuality of that hot guy in the cubicle next to you, is he straight or is he gay? What about the cute girl next door? Now you can find out once and for all with the hilarious “Gaydar Gun.” Gaydar, it knows who you are, even if you don't so don't forget to shoot yourself!

“In the big picture, a person's sexuality is as randomly determined as a pull of the trigger on the Gaydar Gun,” says Terry Ray, the toy's creator. “With the Gaydar Gun there are no wrong answers because everyone's sexuality is A-Okay. We are what we are, so let's just have a good laugh at ourselves.” That's what the Gaydar Gun is all about” he offers.

But wait, there's more! Rest the Gaydar Gun on its cone on your desk or night stand and it transforms into a working alarm clock featuring the Gaydar theme song sung by Gwen Stewart, the talented Broadway star best known for her role in the original cast of “Rent.”

The Gaydar Gun retails for \$29.95 and is available online at www.gaydargun.com and will soon be on shelves in novelty stores nationwide. Get ready to take the mystery out of sexuality, or at least have a blast trying to do so. The Gaydar Gun works on pets too!

YouTube Fun

Bruce The Elf: <http://youtu.be/U0LvZ4JHo94>

Terry Ray Creator: <http://youtu.be/30xf51dyVes>

Grandma with GayGun; <http://youtu.be/4Asiy30oyLW>

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q cuisine: with NATHAN MILLER

It's November already, really. I once sat as a child listening to my parents and grandparents discussing, 'as you get older time goes faster' and at that young age, you never grasp that time will actually does get faster as we get older. Is it to do with our busy lives or the fact we don't take the time to stop and smell the roses. If by doing so, could we actually slow down time?

With that question posed, I wish to reflect to my Grandma Browns kitchen leading up to Christmas and all those amazing little treats she would conjure up year after year for our growing families.

The smells of sweet liqueurs slowly reducing on the old stove top to make the ridiculously rich puddings, the scent of a mighty large fresh Christmas tree in the front living room and the sound of 40 people on the floor boards would mean only one thing to me, a Christmas turkey that would send the whole neighborhood into a feeding frenzy.

Therefore in this issue, I will share her recipe for the greatest turkey, knowing full well that my Grandma is retired and kicking back in sunny Queensland.

Grannies Roast Turkey

5kg Turkey – fresh if possible, if buying frozen ensure it has fully defrosted in the fridge for 3 days prior to cooking.

150gms of softened butter

100mls Extra Virgin Olive Oil

¼ cup fresh thyme - chopped

Salt

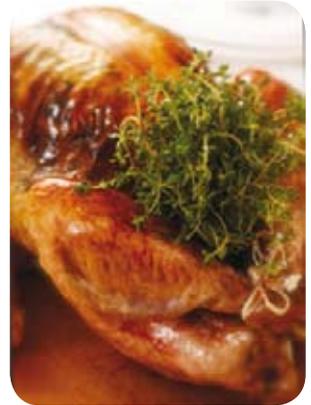
Pepper

Stuffing

- 12 cups stale bread cubes (the older the better).
- ¾ cup butter
- 1 cup chopped onion
- ½ cup chopped celery, with leaves
- 1 teaspoon salt
- ¼ teaspoon pepper
- 1 cup chopped pistachio nuts
- 4 tbsps dry sherry
- 2 teaspoons of chopped sage, thyme & marjoram
- 1 egg
- Chicken stock

1. Turn oven onto 180c until ready.
2. Melt butter in a frying pan and sauté the onion and celery until onion is slightly browned.
3. Add the fresh herbs and seasoning.
4. Combine with the bread cubes, egg, sherry, nuts and then mix well.
5. Add enough stock to combine – ensuring it is not too dry.
6. Stuff the turkey with the stuffing; do not over fill the turkey cavity.
7. Roll a piece of greaseproof paper into a ball and secure inside.
8. With your fingers, slowly separate the skin of the turkey from the meat, then rubbing the butter under the skin.
9. Rub the outer skin with Olive Oil and season with salt and pepper. Sprinkle the fresh thyme over the bird and place onto a wire rack above a deep baking dish. Cover with alfoil.
10. Place into the oven and cook for 2 ½ hours, basting the turkey every 20 minutes to ensure it doesn't dry out. Remove alfoil and bake for a further ½ hour to one hour depending on your oven size.
11. To check your turkey, insert a skewer into the thick part of the thigh, and if the juices run clear then it is done.
12. When cooked, cover with some tea-towels for 30 minutes to relax. This is a great time to drain the juices for your gravy.

Well I hope you enjoy the lead up to Christmas, and remember, it's never too early to get organised.



q psychology: **with AMANDA NASSIF**

registered psychologist

The Power Of Colour In Our Lives

Psychologically colour can effect us in so many different ways. We are extremely visual beings and we respond to light in various ways. You can use colours to create certain moods or enhance moods that are already existing. You can also use colours to tone down certain qualities that may be too excessive.

Below is a list of the colours and the effects they can have on us. You may want to try to incorporate more colours in your clothing, homes and general environment to create certain effects.

Red

Energy, passion, desire, strength, heat, love and excitement

Yellow

Happiness, joy, idealism, imagination, hope, sunshine, optimism and philosophy

Blue

Tranquillity, calm, stability, harmony, trust, unity, confidence, peace, and truth

Orange

Energy, balance, vibrant, enthusiasm, flamboyant, warmth and expansive

Green

Healthy, renewal, youth, vigour, generosity, nature, and good luck

Purple

Royalty, spirituality, mysterious, wisdom, transformation and enlightenment

Grey

Security, reliability, intelligence, practical and dignity

Brown

Home, earth, reliability, comfort, endurance, stability and comfort

White

Reverence, purity, simplicity, cleanliness, peace, humility, innocence, and goodness

Black

Power, sexuality, sophistication, elegance, wealth, mystery



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q business: RE-VISITING INYA

INYA is 10 years old and still going strong. Many changes have happened in the adult industry and INYA has moved with the flow surviving the GFC and for the first time in history adult stores have been closing and chain adult stores reducing outlets.

Technology and science have created some amazing new body adornments; Stainless steel Gem Butt Plugs, stainless steel body jewelry and ornaments, Penis Crowns, Penis Plugs and Sounding Rods. For the ladies there is a huge range of "Rabbits" just like Jessica you can love the bunny.

Lubricant has sprung a new branch in the silicone varieties and you can pay a lot for an imported top notch Eros or Pjur silicone Lubricant. INYA REFILL Service! You pay half the amount of imports for the same quality silicone as Lubritorium. Its great 100ml of premium silicone lubricant very affordable for under \$18. All you need is your clean bottle of choice, take it in - they fill it up.

The new renovations for 2011 have been a huge hit with the locals and foot traffic - with patron browsing increasing by 300% and takings instantly soaring.

The shop itself is split with entry half. The Adult Section at the back of the store is only open until 9pm weeknights and 12 midnight on Friday and Saturday, however, they may extend soon.

The front of the store is now all non-adult products.

INYA has rainbows as far as the eye can see. Jocks, and ultra sexy costumes and open til 12 midnight every night (throughout summer). It's great for customers that need some late night lube or party accessories.

The store has a modern realistic feel and approach. INYA even sell great artwork from Tom of Finland to local Melbourne artists.

Once they were the shaft store and now "they are excited to be INYA!"

INYA has dragged Adult bookstores into the new millennium and done it all with barbarous notions of "a seedy feeling" and treat adult products and stores like any other commercial product. INYA has done this and a whole lot more!

What will they come up with next?

Oh, I know, get a business card at INYA, it's a coloured mini dog tag – engraved it to have your phone number on the back! You can have it on your keys so someone can call if your keys are lost.wowie!

Find INYA at 59 Izett Street, Prahran or contact them on (03) 9510 3408





NEW ARRIVALS!

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I N G A

q youth: with **TASMAN ANDERSON**

SEX: (have I got your attention?) There has been one thing playing on my mind this month and it's, you guessed it...sex. I have been thinking about when exactly is the right time to lose your virginity. I know that it is a common for people to answer this question with "when you feel the time is right" but how exactly do we know when that is?



The fact that I still have my virginity is no secret. I have never been ashamed of having not experienced sex yet and I don't believe there is an age limit to being a virgin. However, the concept that a person will know when they are ready was really confusing to me. For years I have heard my best friends tell me that there is no explanation for feeling ready except that you just 'know' it.

I took this advice and after some careful thought, I decided that I was ready to have sex. My close male friend agreed to be my first and I felt like everything was well planned out. I planned for our first time to be on my best friend's 18th birthday as a hotel was hired for the night and we had our own room. After talking through all the details and arranging protection, I felt that it was the right time for me.

As the day arrived I was prepared for it...we had a nice dinner and went out clubbing. However, when the moment of truth was just around the corner, something changed in me. I felt like everything was wrong and after talking to my male friend, we decided not to go through with it. I have no idea what caused this sudden change of mind but it got me thinking...how can we know when we are truly ready?

Legally, the age of consent is sixteen but some women can stay virgins until they are as old as forty. There is no guide to having sex for the first time (Karma Sutra does not count for this occasion), and there is no one technique that will guarantee that you will nail it the first time around and achieve an orgasm. Sex isn't supposed to be complicated though. It is suppose to be beautiful and natural.

I remember when I first heard about sex and cringed. I couldn't imagine being naked with another human being and allowing them to see me in my most vulnerable state. However, as I've grown up I've realised that sex is not disgusting and unnatural. It is how we express our love for each other and how we allow someone to know everything about us.

Although I haven't had sex yet, I still know the beauty of it. I wasn't ready that night because I wasn't ready to allow someone to see my most vulnerable side. I wasn't ready to take that step with my friend because I am a hopeless romantic. I still believe in true love and finding your soul mate. I think at the time, I thought I was ready because I was an adult and therefore was able to make a rational decision. But, sex is anything but rational.

For those of you who are thinking about having sex, I'm not going to tell you to wait. I don't know the situation you are in and telling someone to wait when you have no idea how they feel seems hypocritical to me. All I can say is be careful and stay safe. No matter if you are having sex with a man or woman for the first time (or both?) you need to make sure that you are emotionally ready to let go of your pre-sex self and embrace the other person(s).

Lastly, make sure you use protection...life is already complicated enough without including STI's and Pregnancy into the mix. Take care of yourselves!



Got a question
about HIV or
sexual health?

WHAT DID I GET FOR CHRISTMAS?

A CHAIN IN THE BACKYARD.



Cats and dogs require a 10- to 20-year financial and emotional commitment.

Please, don't buy animals as presents.

PETA

q gallery: **BRETT WILLIS**

Alan Mayberry caught up with Brett Willis at the opening of his 'Welcome to Stonnington Exhibition'.

Brett Willis, cartoonist extraordinaire, is a local treasure. Not only has he protected us on the doors of The Market and Peel for a decade, but he has kept us smiling with caricatures of our favourite celebrities. They are indeed better than a photo in highlighting why each is so admired.

Brett started at The Market on its opening night in November 1999 until its closing in 2011. He was also at VMs, Chasers, Viper Room and the Magnitude parties before then. Now he is at The Peel Saturdays and Love Machine Sundays.

Featuring so many well-known faces, Brett agreed that PJ King Peter Alexander is one of his favourite toons. But he always has a soft spot for Paris who is always great to draw.

Growing up in the 80s Brett's love of cartoons started on a diet of trashy US sitcoms and buffed super heroes. Born in NSW in 1969, his first toons were published when he was 12. He came to Melbourne and studied at RMIT in the late 80s. And what a collection he has now!

More than 150 people were at the launch at The Publican Gallery at the Prince Maximilian Hotel, 32 Commercial Road.

The exhibition was opened by the Mayor of Stonnington, Melina Sehr, with Paris and Miss Vic there to lend a hand. The exhibition curated by Ben Maros and Helen Pollard runs until late January.



q art: ART MELBOURNE RETURNS

ART MELBOURNE RETURNS WITH A NEW LOOK AND FOCUS FOR 2012
Art Melbourne focuses on quality to reaffirm its positioning as Melbourne's dynamic and accessible art fair.



Organised by Single Market Events Pty Ltd, Art Melbourne returns in 2012 for its 9th consecutive year taking place from 24th – 27th May at the Royal Exhibition Building, Carlton. Over 14,000 visitors flocked to the majestic venue for the exhibition in May of this year, with over \$3,000,000 worth of art purchased. The art fair showcased thousands of quality original artwork under \$5,000 in a non-intimidating environment, highlighting the demand for quality artwork at affordable prices.

Art Melbourne has adopted a fresh 'new look' for 2012. Introducing a new logo and branding that is inline with the wider international Affordable Art Fair makeover, Art Melbourne moves into the New Year with a contemporary edge. The Affordable Art Fairs have become something of a global phenomenon now taking place twice annually in London and New York, and annually in Bristol, Amsterdam, Brussels, Paris, Singapore, Milan and Melbourne.

Single Market Events has appointed Tamsin Roberts as Fair Director. Roberts joins the team after 8 years in the Asia-Pacific market where she was founder of Affordable Art Beijing and Owner/Director of The Red T Space Gallery, and most recently Director of Ben Brown Fine Arts in Hong Kong. An advocate for making art accessible, Roberts will champion the new ideas and new focus of the Fair for 2012.

Changes have been made to keep up with the natural evolution of the market—the fair is moving into new arenas and becoming a more selective platform for galleries with a focus on attracting new clients. Roberts says, "The Art Melbourne model lends itself to the current economic climate. Now more than ever people want good quality original work without the high end price tag. Art Melbourne delivers this to buyers and creates a new market for galleries."

"Exhibitors are encouraged to be creative with what they show for under \$5,000. Galleries may choose to commission special, editioned work from some of their more established artists, show a strong collection of works on paper, or promote their up and comers with a solo presentation in our New Gen sector. We are also bringing an international element to the fair and focusing on Asia for 2012."

Art Melbourne will continue to invite a selective number of self-represented artists which will not exceed more than 10% of the floor space, to show within the highly popular Start sector. The sector is a place of discovery for many emerging artists, also allowing buyers the chance to snap up exciting work at attractive prices. With an industry Selection Committee in place for 2012, all submissions to the 21 stand sector will be reviewed to ensure an exciting representation of Australia's emerging art scene. Members include; Tamsin Roberts, Director, Jeremy Kible, artist and Co-Director at Block Projects, Yasmin Nguyen, Co-Director at Block Projects, Ashley Crawford, Writer and Art Critic, Alex McCulloch, Director at Metro Gallery and Jane O'Neill, Independent curator.

Art fair favourite Printworks returns with live demonstrations and an exciting range of editioned, affordable works on paper. To complement audience favorites like Printworks and in a response to audience research, Art Melbourne announces the return of the highly popular New Generation Art feature. New Gen 2012 is an evolution of the original sector; presenting solo shows by represented artists less than 35 years of age, from some of Australia's most exciting galleries.

New in 2012: an exciting program of features and partners are announced for Art Melbourne 2012, creating an international edge and further promoting Melbourne as a catalyst for arts and culture; Art Asia - a selective group of galleries from the broader Asia Pacific region and Australian galleries representing Asian artists; Street, Urban, and Graphic Art - a representation of the highly popular artistic movement that is somewhat of a phenomenon in Melbourne laneways and broader Australia; Ausin Tung Gallery is announced as Feature Sponsor and Education Partner, and will work with Art Melbourne in the creation of an education program covering topics such as 'The Asian market, how relevant is it to Australia?', 'Collecting work under \$5000', and 'What to look for in an art work'.

24th – 27th May 2012 Royal Exhibition Building, Carlton
Follow them on: www.affordableartfair.com.au
[facebook.com/artmelbourne](https://www.facebook.com/artmelbourne)

q drag: CARESSE

Caresse has been a fixture on the Melbourne drag scene since, dare I say, the late 1980s when she and Alan Mayberry first met at Pokeys. One of the few who can brag of having started their life in drag as a choir boy at St Paul's Cathedral, Caresse fills in the milestones along the way.



Looking back St Paul's was probably the beginning of my drag career, since I wore dresses and ruffles daily (the church kept calling them cassocons but that just sounded like sassy cocks to me!) I was studying at Trinity Grammar then through a scholarship I gained from St Paul's. But as I said I was no angelic choir boy! By the time I was doing Year 12 I was out five nights a week. I slept in a bungalow and Mum used to think I'd have an early night every Sunday to prepare for school! I'd shower then sneak out the window – I think I only missed Pokeys once that year.

Mum and Dad had three kids before they got it right with me – two brothers and one sister. My parents split up when I was 7, and my sister and I went to live with Mum. My extended family is huge and are extremely supportive of my sexuality. I think my immediate family knew I was gay before I did. They (and my partner Ty's family) want us to get married but we have no desire, even though we do want the right to be able to get married.

The first time I went to Pokeys I was stunned by Debra Le Gae, and thought that performer is amazing. I thought she was all woman. She taught me how important friendship is as well as many other things like make-up. At that time my only experience with drag was winning a talent quest at Dukes Hotel in Abbotsford where Kerrie Le Gore performed with the Troll Dolls. Like most first timers I looked a fright.

The name Caresse came when I was out with Kerrie one night looking for trade at Bojangles in St Kilda. A nice guy came over and said 'What's your name?' For the talent quest, we'd come up with the name *Clitlicker Sisters*, so I answered 'Justine Clitlicker'. Le Gore was horrified, so she introduced me as 'Carèsse' and advised me to caress their inner thigh every chance possible. The name stuck, despite Tabitha doing her best to change it to Crusty, Sperm Breath and now The Ebony Princess.

Infidelity was my first solo show. I was happily managing 3 Faces and they were desperate for a new show. Faces had done everything with drag but never with boys involved. It just made so much sense to me – naturally hot-blooded queens want to go out and see men – they ache for flesh. As has been proved now with Boylesque at the GH.

The show was very self indulgent; all numbers that I loved. At first I wanted the boys to just stand there and look gorgeous, but Skye Brooks and Tony Di Dio gave me so much confidence and convinced me the boys should do all the work and I should just stand there and *attempt* to look 'gorgeous'. Luckily the crowd loved it.

Drag is now a minor part of my life. I work as a HR Generalist with Eastern Health. I worked in Health when I first left school and then came back to Box Hill Hospital 8 years ago. I went to night school to get my degree, which was a little challenging since I hadn't done any formal education for over 20 years. I'm now accountable to all Box Hill employees (about 2000) dealing with industrial relations, training, mediation, and disputes. It sounds completely boring and mundane but I love it because I'm not doing the same thing each day.

But back to drag. I had worked with both Sondra and Sue Ridge in separate shows. Sondra was managing Diva Bar and wanted a Wednesday show. So Sue and I joined her in *Diva Angels*. Years later the Greyhound asked us to do an early show for an 8 week stint. I hadn't done drag regularly for a couple of years and had put on a bit of weight. At first I wasn't too keen but they convinced me. We became *Hounds Angels* and then we reprised it at the Xchange but *X Angels* never sounded right. So Sondra came up with the name *CSS*, obviously using our initials and using the CSI theme music. And the name has stuck.

A career highlight came years ago when Tabitha, Sondra and I were flown over to perform at the Marriott in Mumbai, India. The manager was determined to have a drag group perform in their Bollywood style nightclub. Luckily there were few local drags so we were flown in. We had a week to arrange passports, get off work and adapt cossies. It was fantastic! We each had our own room, they paid us about AUD \$1500! We were treated like celebrities, not paying for anything. The gig was so decadent and one of the best experiences I've had.



Every show I did with Tabby T was a favourite. Most of my favourite times in drag (not necessarily shows) were spent with her. No dramas or tantrums with her, just a 'get on with it' attitude! That also applies now with CSS – no egos or dramas. We get on well and all like each other. We decided the moment we aren't having fun and enjoying it anymore is the time we end it (of course, that's if the crowd and venues aren't over us before then).

I've been with my partner Ty now for 12 years and our relationship seems to get easier as time goes on. Mainly because we don't spend all our time with each other – we both have different interests and friends. He's younger than I am but really he's the old soul of the relationship. He's totally unenthused by the drag – he can take it or leave it and has never kissed me on the lips while I've had a face on!

We love travel. Italy is my favourite. I also love going to Bali for those holidays where you just want to read by the pool and relax, and had a ball in Dubai and Europe last year. I find the best way to relieve stress is screaming out at the footy, however I don't know whether it's relaxing especially when Carlton lose! My daily relaxation is watching TV – I'm a self-confessed addict, spending ages downloading shows from OS. I find painting my fake nails relaxes me also.

The scene has changed so much recently. It's not so much the Commercial Road great ghetto it once was, but perhaps that's a good thing. That's the Catch 22 – because our community wants acceptance and inclusivity we welcome all others within, and as such areas become very fashionable with the general public. The GLBT community are trendsetters! Instead of moving around several venues each night, nowadays most people I know decide which part of Melbourne they're going out to for the night and stay in one spot.

I had a great time working at the GH and it's amazing to see how grandiose it has become, especially from its early days. About 15 years ago, I lived two streets away and I would go there for counter meals and on Saturday nights, back when Jamie-Lee Skye used to run the show when it was more of a local pub than a gay nightclub. A cult following started to grow increasing with the *Showbags*, then *The Classics* took the venue to another level.

The recent renovation is huge, and both Will and Indy should be proud of what they've created. A few people ask if I'm dirty at the GH cancelling CSS recently, but realistically there were no promises made and originally we were only supposed to do a limited season for 8 weeks and it ended up being close to 3 years – why would I be shitty with the GH for that? They treated us well. Now we are starting a new era and have just ended a season at DnM and hopefully our fans will continue to support us.



q books: **MY TWO SUPER DADS**

Bronwen Fallens – Author, Muntsa Vicente – Illustrator. Available online at <http://www.bronnyandmuntsa.com>. Distributed through Peribo in Australia & New Zealand (02 9457 0011)

Hot on the heels of the gay marriage agenda finally being given the attention it deserves in parliament, this beautiful children's book arrives at an important time in history as the idea of what society perceives to be a 'normal' family is changing. *My Two Super Dads*, by author Bronny Fallens and illustrator Muntsa Vicente, is a book about a gay couple with a daughter, sharing their day-to-day life in love, happiness and safety.

The book suits children aged 0 – 7 and was written to communicate that it's not what you spend on a child but rather the time you spend with a child that matters, that all children need is to feel loved, safe and secure, and that it doesn't matter the makeup of your family, there are families of all different shapes and sizes!

My Two Super Dads forms a part of a larger children's book series titled 'My Super Family' in which alternate family situations are explored through nursery rhyme coupled with beautiful illustrations.

After discovering a gap in the children's book market for fun stories about alternate parent families, Bronny decided to write a series of books showcasing all types of families: single, gay, straight, adoptive, blended and more. Although not raised by two Dads, Bronny herself is the daughter of a gay dad and looked to her father as the inspiration for the book.

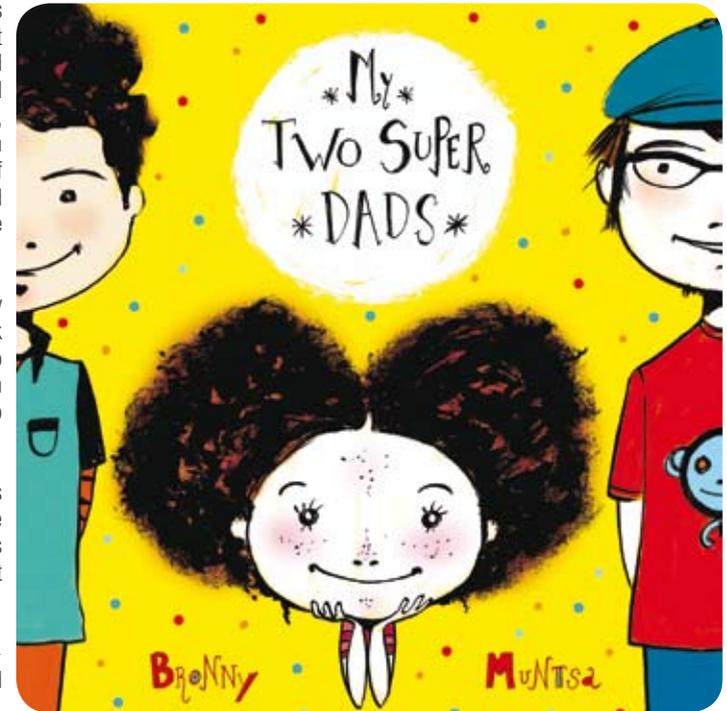
Perhaps the most well known gay Australian dads are Allan and Mark Luciani-Crout, the Melbourne pair who won a court case to bring their Indian daughter (via surrogate) home to Australia earlier this year.

My Two Super Dads gives gay families their very own bedtime book to treasure whilst normalising and valuing families of all variations and confirming that everybody's 'normal' is different.

The book arrives at a time when same-sex parents are becoming more and more prevalent in mainstream culture. The hilarious Cameron and Mitchell from the popular TV show *Modern Family* are an excellent example of this. Other famous gay dads include Elton John, Ricky Martin and Neil Patrick Harris.

MY TWO SUPER DADS follows MY SUPER SINGLE MUM and will be joined at Christmas by MY SUPER GROOVY GRAN.

The book is available at all good book stores, and online at www.bronnyandmuntsa.com. rrp is \$15.



Some interesting topical Gay Parenting sites;
<http://www.gaydadsaustralia.blogspot.com>
<http://www.gaydadsaustralia.com.au>
<http://www.gaydadsalliance.com.au>

q fitness: with CHRIS GREGORIOU

It's that time of the year again that some call the "silly season". The time when we're silly enough that we fill our stomachs full of things we normally wouldn't consume: roast turkey, puddings, desserts, and then wash it all down with various sweet alcoholic beverages. So here are seven golden rules to get you through it the healthy way!



Rule #1: Consume a pre-party healthy meal.

Arrive at parties on a full stomach. The same principle goes for supermarket shopping. Notice that you end up with extra items (usually unhealthy) after visiting a supermarket while on an empty stomach. So avoid gaining weight during the silly season by eating in advance. You will also keep your metabolism fired up, which helps process what you eat more efficiently.

Rule #2: Bring a healthy dish to share.

Ever wondered what kind of food will be served at a party? Will it be fried, fatty or loaded with sugar? It generally is! Then bring something healthy to the table! It can even be a talking point if there is nothing but sausages, chips and party pies. Your friends might even thank you, and you'll have a healthy option to enjoy.

Rule #3: Stay hydrated.

Water is an essential element of life. When we are dehydrated, it results in symptoms that can be detrimental to eating healthily and feeling great. One common occurrence is that the brain will send out signals to say it's hungry, resulting in excess food being consumed. Have your eight glasses a day and be sure to drink several glasses of water at functions.

Rule #4: Avoid calorie-loaded sweet drinks.

Liquid calories are sneaky and cheeky; they easily and almost discreetly slide into your stomach, sip by sip. Holiday time is usually where these sweetest concoctions are consumed: champagne, wine, beer, coolers, alcoholic sweet drinks, passion pop, and the dreaded spumanti. You would be shocked at how many calories you can consume in just one night sipping away on festive drinks.

Rule #5: One plate of food is more than enough.

It was so good that you feel the need for seconds? Set a goal of loading your plate just once. Why would you need to go for seconds anyway? Reality is that if you've had a healthy meal before arriving, the plate of food at the party will be a nice top up. You will be surprised how easily you can resist a second plate of food with this approach.

Rule #6: Sample, don't eat, your desserts.

Desserts are going to be all around you during the festive season. Do you think you can eat all of them? Approach your desserts as a tease for your taste buds. Go for desserts with less sugar and more fruit. So the key is to get a taste, but not to eat them all!

Rule #7: Choose functional training as your holiday companion

Functional training incorporates exercises that mimic the active motions of your body during daily activities. The whole body is given a great workout and develops functional strength, as opposed to linear or brute strength. This result is better coordination, balance and stability, and an increase in core strength and flexibility.

Here are a couple of terrific functional exercises. These can be performed at home or outdoors and you don't need to be a member of a gym or to do them on scary equipment. They are very effective when performed with correct technique and should only be attempted with approval from your doctor or fitness specialist.

- 1) *Push ups.* A traditional exercise that exercises your chest, arms, abs, shoulders and back. You can start off with wall push ups and then after some practice, make use of the kitchen counter for added intensity, moving onto the floor as you build up strength.
- 2) *Squats.* One of the all-time great functional exercises, they mirror common actions that we perform during a day such as reaching, lifting, and bending. They will help strengthen your legs, quadriceps and gluteal muscles, as well as your lower back and mid-section.
- 3) *Lunges.* Another functional exercise that is great for most people. They improve bending habits and provide leg and back conditioning and flexibility. Doing this exercise properly helps strengthen your lower back and core.

So, follow my seven golden rules and you will come out of the silly season looking better than ever!

For more information, go to www.metrobodyfitness.com.au

q people: with MARC J PORTER

American artist Michael Breyette is a self taught artist who hails from New York state. His creations are thought provoking, pose many questions and more importantly, get people talking.

Michael recently agreed to be interviewed by Q Magazine.

Can you explain the process of creating a piece from conception to completion?

It comes down to 3 basic parts. First is the spark, the idea process. Second is getting what I picture in my head realized on paper. The third part is each pictures own evolution. As I'm working on a piece I make changes, I add, I subtract, I alter. I may get additional inspiration just from how the piece is looking, or on a whim I try something and like it.

To begin, the spark of inspiration can come from anywhere. Some ideas I jot down for later while others strike at the right moment and I dive right in. The initial idea can be fairly well visualized at the beginning other times it takes a while to condense into a full concept. Next is getting the idea in my head onto paper. Since I'm creating figures and scenes that don't really exist, I don't have the scene in front of me to reference while I render it, so I create what I have come to call a blueprint.

When I began drawing as a kid, I just drew pictures from magazines and such. As I got older I wanted to create my own scenes but I didn't have my own models or sets so I began using elements from several sources as reference guides. I find references helpful in maintaining a fairly realistic quality. Today I use photo shop to build my blueprints. Figures are torsos, legs, arms, heads, faces etc. pasted together from various sources which sometimes includes photos of myself. I can then resize, stretch, rotate pieces until I have everything in the proportion and perspective I want.

From the blueprint I make a pencil sketch where I can fill in the gaps using my basic anatomy knowledge. Next I start on what will be the final piece, the pastel painting. I'll still reference the pencil sketch and the blue print but also may find images of waves or water droplets on skin, or hairstyles or whatever other elements I need that I can study and use to guide me, especially if it's something I haven't rendered in the past. In the end it, hopefully, all comes together to look like a painting of something that really exists somewhere.

Tell us about why art became a calling and did you always know you had something special?

Ever since I was a kid I liked to draw. I don't think I ever thought of it as a calling, it was just something to do. Even now, to think of myself as 'having something special' feels a little odd because it's just a natural part of who I am and what I do.



Is it a strange feeling knowing people recognise your art worldwide?

Yes. But I much rather they recognize my art than me. I think I'm one of the few people in the world who does not want to be famous. Unfortunately it's kind of hard to be a successful artist and anonymous.

Growing up, was it easy or hard to express your sexuality?

Growing up I was fairly repressed. When I became enamored with the male physique I wanted to paint it. So I did sci-fi and fantasy hero paintings often incorporating a bosomy female figure so as not to make my works seem too 'gay'. It wasn't until much later in life did I come out in my life and on the drawing board.

Are the pieces you create ever autobiographical?

Certainly. I think most artists' work is an expression of themselves. Some of mine are extrapolations on real experiences while others are more fantasy. While the characters and settings are often not autobiographical the emotions and moments are things I definitely relate to, and I think that is what makes my works appealing to many.

Does your art get shown in galleries or is your online store the main attraction?

Online is where I really got started exposing my work and making it available but I'm also represented by the Lyman-Eyer Gallery in Provincetown Massachusetts which is a popular gay vacation spot. I will be having my 5th solo exhibit there next August. A lot of pieces are required to do an annual show, and along with the logistics it's not easy for me to branch out to other galleries at this time.

Do you have any personal favourite pieces?

Each one is a part of me in some way so it's hard to elevate only particular ones to a 'favorites' status. They all resonate with me and speak to me in some way, which is the reason why I created them in the first place. I leave it up to the viewers of my work to pick their favorites, which ones resonate with them.

Does being gay hinder or prosper ones art career?

If you're an artist who paints landscapes I can't imagine your career being affected much by the fact you're gay. If your subject matter is gay themed then that's a different situation. I paint what I paint because I want to, and it's wonderful that my work resonates with enough people that I can make a career out of it. If someone's main focus is to have a successful career as an artist, perhaps doing gay themed works would not be the best choice because you're instantly limiting your audience. I can't even imagine what art that is primarily profit motivated would look like. Ugh.

Where do you see your future direction?

I certainly see myself doing my artwork and creating for the rest of my life. Will it always be my sole and primary career? Maybe. Or it may be something I do on the side while I run a bed and breakfast in the Caribbean!



And finally what would you say to any up and coming artists now that you have found a level of success?

The golden rule is draw what YOU want, then get others to see it. Do what you love and are passionate about and get your work seen. Your passion will be recognized in your work. Your audience will see that. Your audience will find you. And yes, you CAN quit your day job, but only after your audience finds you and you think you can support yourself. Otherwise you'll lose sight of painting what you're passionate about and desperately start trying to paint what you think will sell.

q film: GAY SELF-ACCEPTANCE

Gay Self-Acceptance Film Produced With The Help Of Internet Fans

An independent gay short film raising awareness of the importance of self-acceptance, is the first of its kind in the UK to use online fans to get produced.

Social media followers from around the world interacted with costume decisions, narrative choices and even watched Adam; The Gay Short Film Project being shot live via Ustream. The film mocks up a futuristic advert for a customisable robot and uses the mechanical metaphor to say we should never seek to control, suppress or silence a person, regardless of gender or sexual orientation. We are not robots.

"I wanted to shoot something engaging, with a universal message about self-acceptance and homophobia," said filmmaker Mike Buonaiuto. "New's reports of homophobic abuse and the devastating effects it has on families are becoming ever too common. I hope the film will inspire young people struggling with accepting their sexuality due to bullying or fear to find confidence within themselves. We are not machines, we are human and we cannot be controlled, suppressed or silenced."

Mike Buonaiuto, filmmaker from UK, has produced many short films for international brands and organizations, several to critical acclaim. For more information check out www.MikeB.co.nr or on twitter; @Videographer88. Film Link: <http://vimeo.com/30717500>





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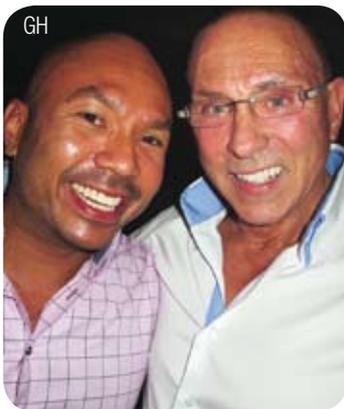
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* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 7, 16 Westbury Grove, St. Kilda East 3183. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email.

q scene: **OUT & ABOUT**





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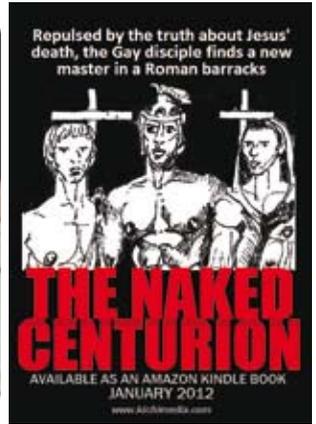
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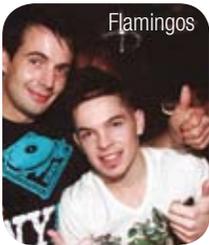
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q travel: with BARRIE MAHONEY

'Tweeters from the Atlantic'

Barrie Mahoney was a teacher, head teacher and school inspector in the UK, as well as a reporter in Spain, before moving to the Canary Islands as a newspaper editor. He is still enjoying life in the sun as a writer and author.



Marmite and Mosquitoes

Regular readers of my 'Tweeters' will recognise that I am a great fan of Marmite, which I understand is very similar to Vegemite in Australia. Yes, I readily accept that Marmite is rather like Blackpool or Benidorm - you either love it or hate it; in my case, I like all three. This 'Twitter' concerns my recent discovery about the thwarting of these miserable little beasts, mosquitoes, with a healthy dose of Marmite. No, I am not suggesting that you cover your bodies with a layer of the black stuff; although I am sure it would be effective, it may be going a little too far and you would not be too popular at parties.

When we first moved to Spain we lived very close to the salt lakes in the Costa Blanca. We quickly discovered that, at certain times of the year, attacks from mosquitoes were part of life and, as a result, mosquito blinds and nets were quickly installed in our home. I recall spending a miserable few months with my arms and legs covered with itching, red spots that took weeks to disappear. I spent hot summer evenings on our sun terrace, relaxing and enjoying a few drinks

with neighbours - wrapped from head to toes in clothing designed to cover all parts of my body; I even wore long socks pulled over my long trousers. This was not quite how I had imagined life in sunny Spain. Despite these precautions I was badly bitten; the little 'perishers' clearly adored the taste of me.

Others were much more fortunate. My partner and many friends were rarely attacked, whilst others were, and it seemed that it was individual odour that mosquitoes were attracted to. Indeed, it seems that mosquitoes avoid around ten per cent of the human population, because they simply do not like their smell, and so I regard it as a compliment. We invested heavily in sprays and creams, whilst the usual bar chat claimed that it was alcohol in the blood that mosquitoes sensed and liked, and that they preferred some drinks to others! Well, I was certainly not going to change my favourite tittle just for them.

Moving to the Canary Islands, I was initially troubled by a few bites, although nowhere near as bad as in the Costa Blanca. However, after a few months right up to the present time, I am rarely bitten at all. This puzzled me until after listening to a recent radio programme and reading some of the latest research on the subject from a team who are designing new products to combat mosquitoes' voracious appetites. This revealed that one of the things that mosquitoes dislike is the smell, and presumably the taste, of vitamin B12. It was at this point that all became clear.

In the UK I would eat Marmite regularly. However, moving to the Costa Blanca meant that there were no ready supplies available. There were more important things to do, such as getting a water and electricity supply, and so my passion for Marmite lapsed temporarily. However, after moving to the Canary Islands, we discovered a ready supply in our local supermarket and I started eating toast and Marmite again each day for my elevenses. Our dog, Bella, enjoys it too and always demands one 'soldier' and sulks if I forget. So what was the link? Well, it seems that as Marmite is rich in vitamin B12, this is acting as a mosquito repellent.

It seems that although there are many Marmite and Vegemite lovers and haters around the world, our mosquito friends really do detest the stuff! Readers may have their own strategies for dealing with the problem of mosquitoes. If so, do please let me know and I will publish a selection on the Expat Guide pages of my website to share with other readers: www.barriemahoney.com.

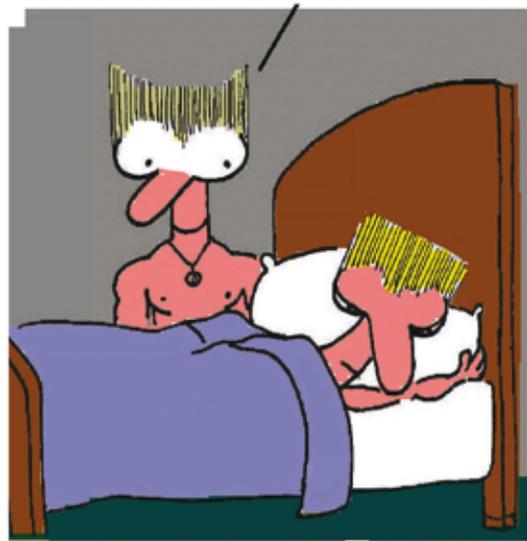


If you enjoyed this article, take a look at Barrie's websites: www.barriemahoney.com and www.thecanaryislander.com or read his latest book, 'Letters from the Atlantic' (ISBN: 978 184 386 6459).

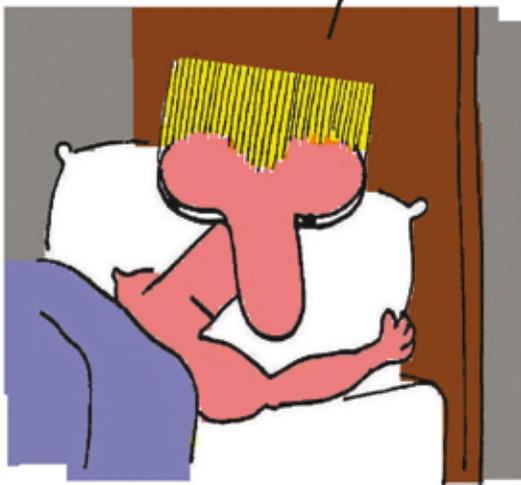
Gaylord Blade

Young, Gay and Hot-to-trot

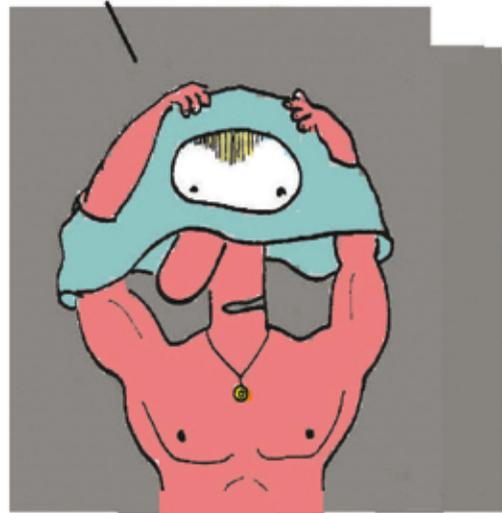
That was HOT sex! But I gotta get my ass home!



I had fun, too. Leave your name and phone number on the dresser!



Dresser? You don't have a dresser, Gaylord!



Sure I do. It's there, under that pile of names, numbers and antibiotic prescriptions





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